

Summer Salad with Balsamic Dressing

Ingredient List:	Method:
<p>Dressing:</p> <ul style="list-style-type: none">1/2 C Balsamic vinegar1 tsp italian seasoning1 garlic clove1/2 tsp sea salt1/2 tsp black pepper1 tbsp agave or sugar1/2 C extra <p>Salad:</p> <ul style="list-style-type: none">2 C spinach1 Cucumber cut into shoestrings1/4 red onion sliced thinly1/2 C blackberries1/2 C strawberries slicedFresh cilantro chopped roughly	<p>In a food processor combine vinegar, seasoning and garlic</p> <p>Blend</p> <p>Add olive oil, and blend again</p> <p>Set aside</p> <p>Combine all ingredients for salad and top with dressing immediately before serving</p> <p>Enjoy!</p>